



the MedSpa
RALEIGH PLASTIC SURGERY CENTER

Post ResurfX

Expect intense erythema in the first 6-12 hours then gradual decline for the next 5-7 days and Edema for up to 24 hours.

Swelling is expected and normal and peaks at 12-18 hours post treatment and begins to subside. Expect swelling for 2-3 days.

Cold (note frozen) compresses or cool thermal water spray should be applied immediately after treatment.

On skin of color:

- Short-term high potency topical steroids may be applied to control inflammation and reduce the risk of PH.
- Use of vitamin C melanin inhibitors might be considered.
- Should PIH occur, it is usually transient. Wait until clearance before proceeding with the treatment.

Regular application of moisturizers is advised to prevent from pruritic sensation during the "bronzing" period.

Apply sun block SPF 30-50 over areas likely to be exposed to the sun. We recommend Tizo, Skinceuticals or Replenix brands.