

Post Voluderm

To avoid damage and discoloration from UVB/UVA rays, avoid sun exposure and wear sunscreen daily. Physical SPF using zinc and titanium dioxides are recommended. (ie. Tizo or Replenix SPF 50)

Use ONLY mineral makeup that has SPF (ie. Glo Minerals) for 72 hours after.

Use ONLY Rx Sensitive Skin Cleanser for the next 5 days following treatment.

DO NOT PICK OR PULL AT THE SKIN as scarring and hyperpigmentation can occur!

Tiny scabs are a result of the electrodes or micro needles matrix configuration. Scabs, which are a normal reaction, will usually form within 24 hours to 3 days post treatment and last for a few days.

<u>Possible side effects-</u> These effects are rare and are expected to be temporary. Any adverse reaction should be reported immediately.

- Local pain
- Excessive redness (erythema)
- Excessive swelling (edema)
- Damage to the natural skin texture (crust, blister, and burn)
- Fragile skin
- Change of pigmentation
- Bruising, scarring, or transient skin breakouts such as acne and pimples

*Redness and warmth with subside after 75-90 minutes.

In case of excessive swelling, redness, or heat, you may apply a cold pack (NOT ICE) or use a thermal water spray to the area and contact your treating physician.